



It's recognised that employees are becoming increasingly stressed by the pressures of the modern world.

Stress now accounts for 13.5 million days off work* every year in the UK, with one in five employees considering their job to be very stressful. Self-reported stress, depression or anxiety is highest in the 35-44 and 45-54 age groups, with work-related stress highest in the 16-34 age group with a higher proportion of females affected. Compensation claims rose from 506 in 2000 to 6,428 in 2001 with £321m being paid out**.

By implementing an Employee Assistance Programme (EAP), a company can help employees control stress levels by providing assistance on a range of issues. Advo Group will assess all market providers to find the right product for your company and provide a report that highlights the most suitable options which match your business / employee needs.

Choosing the right EAP is just the start. Advo Group has many ways to uniquely promote an EAP to staff thus ensuring maximum benefit for your company's employees.

*Source: HSE **Source: TUC

Employee Assistance Programmes offer staff access to:

- stress counselling - telephone & face to face
- legal and financial advice
- childcare
- consumer advice
- help to find doctor, dentist etc
- relocation support
- international assistance
- staff incentives and discounted products
(designed around company's needs and objectives)
- online medical and lifestyle assistance
(complementary to advice lines included with medical cover)

www.advogroup.co.uk

Orchard Business Centre, Aylesford, Maidstone, Kent, ME16 0JZ
T 0845 6122223 F 0845 6122224 E info@advogroup.co.uk